

Process Information

Whenever we defend anything, we erect the solid walls of our armour and lock it into place not allowing it to change, or to flow. We cut off our awareness of the fluid and light possibilities that are available to us in favour of keeping the rigidity and heaviness of the armour plate defences. I don't know if you've ever put on a real coat of armour, but all of that solidity is sure hard to move in, and you can't really see that well from the visor either!

The greatest lie about the armour, the defences and the barriers is that they protect you. They are used with the promise of keeping the bad stuff out, but what they actually do is keep the good stuff from coming in. With our suit of armour on, we don't get to feel the caress of the wind on our body, the grass on our feet. We don't get to receive the energies of what will contribute to us, our bodies and our lives.

Imagine receiving a hug from somebody who totally cares for you while wearing a full suit of armour... doesn't feel too good huh? Now remove the suit, bring the barriers down, and imagine receiving that same hug. A whole different world!

When you begin functioning from no barriers, no defences, you perceive all energies as they are. You become totally aware of everything around you. You know where to go, you know where not to go. You can receive anything. You can sense an attacker from miles away and then choose to be some place else.

When you have your defences up, you don't receive that energy. It's like walking around blind. We're taught in this reality that we can't know this kind of stuff, that things just happen to people, that diseases just happen. How much of the disease in your life, in your body is a result of the defences and barriers that keep you from being aware? A little bit? A lot? All of it? Or more than all of it?

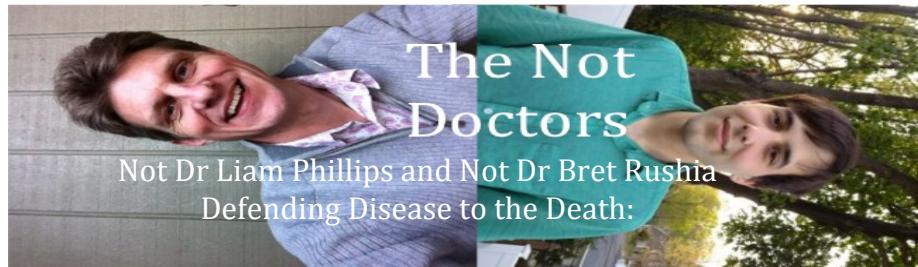
You as an infinite being have the capacity to be totally aware of everything in every ten seconds. When you choose to be aware, and acknowledge what you know, the things you have made solid can change. As it's been shown in science, you can change the molecular structure of things just by looking at them. When you look at what you're creating in your life with no judgment of it, the solidity dissipates, the walls come down, the weight of the armour is lifted, and change becomes possible.

How do we start to change this? Well lucky for us there are infinite possibilities available to choose from!

The tools and Process come from Access Consciousness™

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One incredibly powerful tool is simply asking a question. Asking a question is really telling the universe, others and your body that you are willing to receive a different possibility and then you get to have an awareness of what those possibilities might be. Asking the questions is saying, "Hi universe I am now willing to put aside all that is not working, all the judgements, conclusions and answers and I am willing to receive a different possibility that I have not been able to think of before." Does that sound lighter for you than functioning from conclusion?

Anything in your life that is sticky, heavy, or not working is a place where you've bought a lie as true. What is true always makes you feel lighter, a lie always makes you feel heavier. When you get the awareness of what is true for you, the heaviness of the lie you were functioning from lifts and a new space of possibility is born.

Here's an example of how this works: Have you ever had a misunderstanding with somebody? Of course you have, why did I even ask that question?? Anyway, when you were in that misunderstanding was it light and fun and peaceful or was it frustrating, serious, and heavy? Most likely it was frustrating serious and heavy (though I would love to see a light fun and peaceful one!).

So lets fast-forward through all the trauma and drama now and go to the point at which the misunderstanding was resolved. When you realized it was a misunderstanding, was there a sense of peace and ease and lightness? Did you maybe even laugh about it with the person? What's true will always make you feel lighter, and a lie will always make you feel heavier. Light and heavy is not a rightness or wrongness it is an awareness.

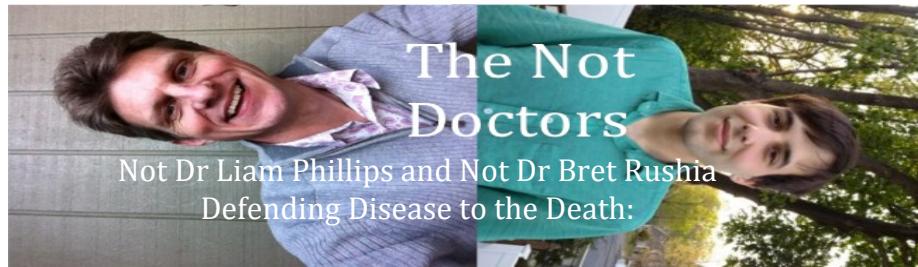
The combination of question and the lightness of truth are how the processing in this product work. We ask a question which brings up all sorts of energy (good bad and ugly). We acknowledge the energy and use the Access Consciousness™ clearing statement which changes the energy. My favourite explanation of the clearing statement is "The question brings up the energy of what's limiting you, and the clearing statement sucks it all up like a vacuum cleaner!" So after running a process for a while you may start to sense yourself getting lighter and lighter and lighter. How that occurs is through running the process, you energetically acknowledge what is true for you (if you choose it). A thing I just love about the Access Consciousness™ clearings is that you don't have to dig through your old stuff to cognitively find what it is that messed you up in the first place! Whatever you do, don't try it!"

If you are one of those techno cognitive type persons, like me, and want to know how everything works you can always get a full explanation of the clearing statement at www.theclearingstatement.com. It was a website especially built for those of us that like to know everything! Hey you may even catch me there too.

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A Secret Passage Through The Strong Hold of Disease Process Information and Clearing Statements

Clearing Statements

What stupidity are you using with the defence of the rightness of your point of view about disease are you choosing?

Everything that is, times a godzillion, will you destroy and uncreate it all? Right and wrong, good and bad, POC and POD, all 9, shorts, boys, and beyonds.™

What stupidity are you using with the defence of having to do something with the awareness you just received?

Everything that is, times a godzillion, will you destroy and uncreate it all? Right and wrong, good and bad, POC and POD, all 9, shorts, boys, and beyonds.™

Any reality, any universe, any lifetime where you've had "I will defend this to the death" as your motto will you now destroy and uncreate all of that?
Right and wrong, good and bad, POC and POD, all 9, shorts, boys, and beyonds.™

How much death have you created with and in your body in order to not have to defend your point of view anymore?

Everything that is, times a godzillion, will you destroy and uncreate it all? Right and wrong, good and bad, POC and POD, all 9, shorts, boys, and beyonds.™

All the places where you've gone to in order to not be aware of all the death, of all the disease, and all of the disintegration and degeneration that you've been aware of, are you willing to destroy and uncreate it all now?

Right and wrong, good and bad, POC and POD, all 9, shorts, boys, and beyonds.™

All of the inventions you've used in order to not be aware of everything that is going on around you are you willing to destroy all of that times a godzillion?

Right and wrong, good and bad, POC and POD, all 9, shorts, boys, and beyonds.™

What inventions have you created to not be aware?

Everything that is, times a godzillion, will you destroy and uncreate it all? Right and wrong, good and bad, POC and POD, all 9, shorts, boys, and beyonds.™

All of the disease you've invented to shut off your awareness will you destroy and uncreate it all?

Right and wrong, good and bad, POC and POD, all 9, shorts, boys, and beyonds.™

Everywhere where you haven't had the willingness to do something or be something or let go of something would you let go of that?

Right and wrong, good and bad, POC and POD, all 9, shorts, boys, and beyonds.™

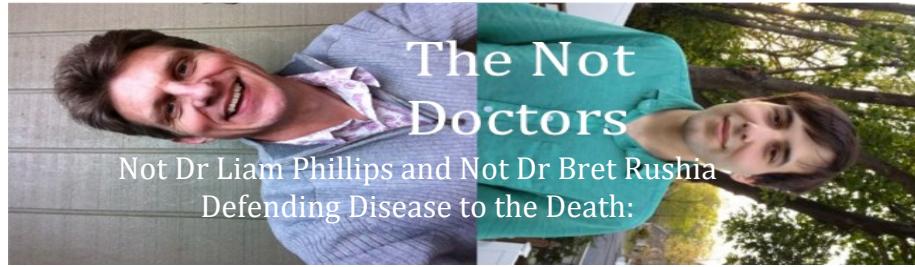
Where have you misidentified the willingness with to having to do something?

Everything that is, times a godzillion, will you destroy and uncreate it all? Right and wrong, good and bad, POC and POD, all 9, shorts, boys, and beyonds.™

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How many of you out there are making yourself sick to not be aware? Will you give that up now?

Right and wrong, good and bad, POC and POD, all 9, shorts, boys, and beyonds.™

Any of the lies you bought into about healing capacities, and your bodies capacities to change things for others and to change things for yourself, are you willing to know what you know for you and destroy and uncreate all that stuff that isn't you?

Right and wrong, good and bad, POC and POD, all 9, shorts, boys, and beyonds.™

What are you now willing to create generate and institute with healing that you could not have done before?

Everything that is, times a godzillion, will you destroy and uncreate it all? Right and wrong, good and bad, POC and POD, all 9, shorts, boys, and beyonds.™

What physical actualization of totally new healing capacities and capacities with your body are you now capable of generating, creating, and instituting?

Everything that doesn't allow that to show up, times a godzillion, will you destroy and uncreate it all? Right and wrong, good and bad, POC and POD, all 9, shorts, boys, and beyonds.™

Everywhere you're trying to "get it" cognitively so you can write it down or concretize it into this reality will you destroy and uncreate it all?

Right and wrong, good and bad, POC and POD, all 9, shorts, boys, and beyonds.™

Are you defending for, from or against here? POD and POC it!

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